

心臟衰竭急性後期照護訓練課程

醫師與個案管理師共同核心及協調合作演練課程

| 項次 | 課程主題 | 時數 |
|-----------------|----------------------|------------------|
| 共同核心課程 | | |
| 1 | 心臟衰竭團隊照護---概論 | 0.5 |
| 2 | 個案管理師在心臟衰竭照護的角色 | 0.5 |
| 3 | 藥師在心臟衰竭照護的角色 | 0.5 |
| 4 | 復健在心臟衰竭照護的角色 | 0.5 |
| 5 | 營養師在心臟衰竭照護的角色 | 0.5 |
| 6 | 社工/精神科醫師在心臟衰竭照護的角色 | 0.5 |
| 7 | 心臟衰竭病患的居家照護 | 0.5 |
| 8 | 心臟衰竭患者的緩和醫療 | 0.5 |
| 協調合作演練課程 | | |
| 1 | 照護團隊成員的溝通與協調 | 0.5 |
| 2 | 心臟衰竭患者共病整合性處置 | 0.5 |
| 3 | 心臟衰竭患者轉介時機 | 0.5 |
| 4 | 心臟衰竭跨專業協調合作(影片或模擬短劇) | 0.5 |
| 5 | 綜合討論 | 20mins |
| 合計 | | 6hr20mins |

個案管理師臨床應用互動式課程

| 項次 | 課程主題 | 時數 (hr) |
|----|------------------------------|------------|
| 1 | 如何篩選出合適收案的心臟衰竭患者 | 1 |
| 2 | 心臟衰竭患者的出院規劃 | 1 |
| 3 | 生活型態修正及藥物順從性的增進技巧 | 1 |
| 4 | 如何協調心臟衰竭跨專業整合性門診 | 1 |
| 5 | 電話追蹤在心臟衰竭照護的實作要領 | 1 |
| 6 | 如何處置心臟衰竭患者的求援與諮詢 | 1 |
| 7 | 心臟衰竭病患居家訪視要領 | 1 |
| 8 | 心臟衰竭植入性電生理裝置的醫療照護 | 1 |
| 9 | 心臟衰竭患者的心理/社會/經濟需求與協助資源 | 1 |
| 10 | 從實際案例剖析心臟衰竭患者的緩和醫療需求與照護策略 | 1 |
| 11 | 心臟衰竭疾病管理成效監測 | 1 |
| 12 | 心臟衰竭照護承作醫院參訪—住院、門診、心臟復健之實際運作 | 1 |
| 合計 | | 12 |

課程內容介紹：

Training Program for Post-Acute Care in Heart Failure

2017-06-13

Core curriculum, for Cardiologists and HF Case Managers (8 sections, 30 min each)

1. Team management for heart failure-- an over-view
 - a. enrollment criteria, 能知悉有那些類型特性的心臟衰竭病人可以納入心臟衰竭照護流程,
 - b. 照護內容
 - c. 評估事項及執行方法
 - d. 成效指標: 降低 30 天內再住院, 提升標準用藥使用率, 其他臨床指標
 - e. 組成心衰竭照護團隊
2. Role of case manager in HF management
3. Role of pharmacist in HF management
4. Role of rehabilitation in HF management
 - a. 瞭解心臟復健的目的,
 - b. 執行心臟復健的組成要素
 - c. 各類復健成員的角色
 - d. 瞭解心臟復健評估及轉介過程
5. Role of dietitian in HF management
6. Role of social worker/psychiatrist in HF management
7. Home visit
8. Palliative care for HF patients

Workshop for Cardiologists and HF Case Managers (4 sections, each contains 30 min + 10 min Q/A)

1. Communication and Coordination in a team
2. Life style and medication adherence:
 - Situations: Pre-discharge instructions, Post-discharge telephone visits, Ambulatory clinic reinforcement, and Home visit
 - Contents: salt and water restrictions, body weight and urine output records, drug counting, NSAID and other prohibited medications
3. Management of co-morbidities: diabetes, chronic kidney disease, GI bleeding, anemia, infection, endocrine diseases, psychosocial disorders, palliation, etc.
4. Timing for referral—devices indwelling, trans-catheter/surgical interventions, mechanical support, and heart transplantation

Workshop for HF Case Managers (60 min each) (50 min + 10min Q&A)

1. How to screen candidates from hospitalized HF patients
2. Pre-discharge planning/instructions (出院前病人自我照護教育訓練, 學習效果評估, 安排居家照護所需設施及人力, 出院用藥, 返診安排)
3. Preparation for the post-discharge clinic---assess the adherence to pre-discharge instructions (表列項目, 逐條檢查)

4. Inter-professional coordination at HF clinic (建議用影音示範)
5. Tips for case-manager call out (列舉個案管理師電話訪視常見問題)
6. Deal with patient-activated call in (列舉常遇到的求援問題以及解決方法)
7. Respiratory therapy and chest care
8. Ambulatory devices for HF—CRT, ICD
9. Common psychosocial and economic issues in HF patients
10. Palliative care for HF patients
11. Hospital tour (1)—Laboratories and invasive procedures
12. Hospital tour (2)—Cardiology wards, synchronized HF clinic, and rehab facilities