附表二十六之六：Mayo Score

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|  | DESCRIPTION | Score | √ |
| 排便頻率 | 排便次數正常 | 0 |  |
| 排便次數比正常多出1-2次 | 1 |  |
| 排便次數比正常多出3-4次 | 2 |  |
| 排便次數比正常多出5次（含）以上 | 3 |  |
| 直腸出血 | 未看見血 | 0 |  |
| 不到一半的情況下，糞便帶有血絲 | 1 |  |
| 多數情況下，糞便帶有明顯的血跡 | 2 |  |
| 只排出血 | 3 |  |
| 內視鏡檢查發現 | 正常或非活動性疾病 | 0 |  |
| 輕度疾病（發紅，血管分布減少，黏膜易脆） | 1 |  |
| 中度疾病（明顯發紅，無正常血管分佈，輕度脆性，糜爛） | 2 |  |
| 嚴重疾病（自發性出血或潰瘍） | 3 |  |
| 醫師整體評估 | 正常(sub scores are mostly 0) | 0 |  |
| 輕度疾病(sub scores are mostly 1) | 1 |  |
| 中度疾病(sub scores are mostly 1 to 2) | 2 |  |
| 重度疾病(sub scores are mostly 2 to 3) | 3 |  |
| Mayo score總分： ；Endoscopy score： |
| 評分者簽章: 日期: |

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| --- | --- |
| Mayo score |  |
| 3-5 | Mild Activity |
| 6-10 | Moderate Activity |
| 11-12 | Severe Activity |