# Committed to Universal Health Coverage: Taiwan's National Health Insurance Advocates "Healthy Beginnings, Hopeful Futures"

The theme of World Health Day 2025, "Healthy Beginnings, Hopeful Futures," advocates for ending preventable maternal and newborn deaths. It prioritizes women's long-term health and well-being, supporting healthy pregnancies, safer births, and better postnatal care.

Taiwan's National Health Insurance (NHI) guarantees all citizens access to healthcare services regardless of age, gender, income, or health status. With nearly 100% coverage, the NHI provides affordable, accessible, and essential health services. To promote health equity, Taiwan has implemented home healthcare, telemedicine, and localized health services in remote and mountainous areas, aligning with the World Health Organization's (WHO) goal of Universal Health Coverage (UHC).

To ensure sustainable development and deliver affordable, high-quality healthcare services, Taiwan's NHI has adopted several key policies, including:

# 1. Establishment of the Center for Health Policy and Technology Assessment (CHPTA):

This center specializes in healthcare technology assessments and reinforces evidence-based, value-driven NHI reimbursement policies.

## 2. Integration of Digital Technology in Healthcare:

To accelerate health digitalization, the National Health Insurance Administration (NHIA) funds clinics to develop cloud-based information systems. The "Al Health Care Research Program" leverages artificial intelligence to enhance chronic disease prediction and risk management.

Additionally, an electronic prescription pilot in Hualien County marks progress toward paperless health services

#### 3. Expanded Coverage of Drugs and Technologies:

New drugs are fast-tracked into NHI reimbursement through parallel review mechanisms. Maternal and preterm infant care—including prenatal checkups, medications for retinopathy of prematurity, pre-gestational and gestational diabetes (high-risk groups), and tocolysis—is fully covered. The inclusion of Next-Generation Sequencing (NGS) supports precision medicine, while the expanded "Telemedicine Benefit Program" and "Advance Care Planning (ACP)" address diverse patient needs.

### 4. Enhanced Accessibility and Professionalism of Health Services:

The "Regional Hospitals for Comprehensive Community Care Program" integrates hospital resources to provide holistic care for chronic disease patients. Specific funding supports "lighthouse hospitals" in remote areas, ensuring a stable supply of medical resources. For disabled patients, the "Emergency Care at Home Pilot Program" offers home-based alternatives, expanding emergency care access. These efforts contribute to building a comprehensive ecosystem for the NHI.

Taiwan's NHI aligns with the Sustainable Development Goals (SDGs) by integrating UHC into its framework. Committed to the WHO's target of achieving UHC by 2030, Taiwan is eager to share its experiences and support other countries and regions working toward these goals.

#### **Related Link:**

WHO World Health Day 2025: Healthy Beginnings, Hopeful Futures